

# G. Paul Doxey, MD

Trusted, experienced personal ENT care

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## G. PAUL DOXEY, MD

Board-Certified: American  
Board of Otolaryngology

Residency: Otolaryngology–  
Head & Neck Surgery, University  
of Utah Medical Center,  
Salt Lake City

MD: University of Utah College  
of Medicine, Salt Lake City

### TRUSTED CARE FOR:

- Sinus/nasal problems
- Snoring & sleep apnea
- CT-guided sinus surgery
- Balloonplasty
- Deviated septum
- Nasal blockage/polyps
- Nasal fractures
- Nosebleeds
- Ear pain & infections
- Voice & swallowing disorders
- Care of the professional voice
- Perforated eardrum
- Head & neck surgery/cancer
- Thyroid & parathyroid surgery
- Allergies & testing
- Salivary gland infections & surgery
- Nose reshaping (rhinoplasty)
- Facial or nasal fracture repair
- Otoplasty (correction of overly prominent or poorly positioned ears)
- Neck masses
- Facial wound repair & reconstruction
- Surgical removal of facial moles & tumors

### TRUSTED CONVENIENCE:

- Convenient location
- Friendly, courteous staff
- Most insurance accepted & filed
- Major credit cards welcome
- Convenient office hours
- Ample free parking

## Allergy Skin Test – Pretest Instructions

Patient Name \_\_\_\_\_

Appointment Date \_\_\_\_\_ Time \_\_\_\_\_

You have been scheduled for a screening skin test for allergies. The skin prick method will be used, wherein a specially designed painless lancet will be used to prick the skin. Various extracts or allergens will be placed on your back or your arm. We use allergens specific to this area of Southern Utah as well as common household irritants and we do test for a few foods. This allergy test is used to determine whether or not you have significant allergies. It is not a full battery of skin tests and is not designed to replace the services of a regular allergist or to design a program of desensitization shots. It is merely a screening test used to determine how significant your allergies may be. A referral to a full-time allergist may be appropriate for further testing or perhaps for consideration for immunotherapy/desensitization shots.

You may wish to preauthorize this procedure with your insurance company, if we haven't already done this for you. The procedure code number is #95004, and the cost is approximately \$145 for 31 allergens.

The following medications, or anything similar to or in the same family of, may not be taken for the following number of days prior to testing:

### Antihistamines:

Allegra — 5 days	Atarax — 6 days	Claritin — 5 days	Benedryl — 6 days
Zyrtec — days	Tavist — 4 days	All other over-the-counter and antihistamines — 4 days	

It is OK to use steroid nasal sprays such as Nasacort AQ, Nasonex, Rhinocort, etc.

### Antacids:

Aciphex — 6 days	Protonix — 6 days	Nexium — 6 days	Tagamet — 6 days	Prevacid — 6 days
Zantac — 6 days	Prilosec — days			

It is OK to take Maalox or Mylanta liquid.

### Antidepressants:

Amitriptyline — 5 days	Prozac — 6 days	Effexor — 6 days	Zoloft — 5 days	Imipramine — 5 days
Celexa — 6 days	Paxil — 6 days			

### Sleep aids:

Ambien — 4 days	Unisom — 4 days	Trazodone — 4 days	Xanax — 4 days
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### Other drugs:

Antivert — 5 days	Meclizine — 5 days
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If you have any questions, please call our office.